

- *The Shipwrecked Mariner*, section entitled LIGHTENING THE CARGO
- Hebrews 12:1-3

### Personal and Spiritual Discipline

- Discipline - early 13c., "penitential chastisement; punishment," from Old French *descepline* (11c.) "discipline, physical punishment; teaching; suffering; martyrdom," and directly from Latin *disciplina* "instruction given, teaching, learning, knowledge,"
- Proverbs 5:22-23; 12:1
- 1 Corinthians 6:12, 9:24-27
- Spiritual disciplines are actions and practices taught and modeled in scripture. They are things we do by ourselves and with fellow believers. They include: reading the Bible, meditate on Scripture, pray, fast, worship, serve, learn.
- 1 Tim 4:7-8
- List of Spiritual gifts – 1 Corinthians 12, Romans 12

27:24 – "Do not be afraid"

- John 14:27
- Jesus Calms the storm - Luke 8:23-25

27:25 – "So take heart, men, for I have faith in God that it will be exactly as I have been told."

- The situation beforehand - v11, "But the centurion paid more attention to the pilot and to the owner of the ship than to what Paul said." It went from not giving him the time of day, to totally trusting in Paul's vision and the God whom he worships.
  - When some sailors feared for their lives and tried to sneak out on the ship's boat, the centurion had them cut it loose instead. (v30-32)
- Ephesians 4:1-7, 11-16 – Unity, maturity

## ACTS CH 27 – PAUL SHIPWRECKED

27:1-2

- Imperial Regiment – "*Speculatores*, a special body of imperial guards."
- **Aristarchus** One of Paul's friends (Acts 19:29; 20:4; Col 4:10; Philemon 24) travels with him for support.<sup>1</sup>

27:9 – "the fast"

- Yom Kippur, the Day of Atonement, which occurs in September or October. Sea travel becomes more dangerous as winter approached. Shipping was completely closed down from around November 10 to as late as March 10, but September 15-November 10 and March 11-May 26 were risky periods as well.<sup>1</sup>

### Trusting in our own wisdom vs trusting in God's wisdom

27:18-24

- The sailors relied on every trick and method they knew to save themselves. They:
  - undergird the ship, lowered the gear (the main sail), jettisoned cargo, Threw the tackle overboard
- The result? V20b, "all hope of our being saved was at last abandoned." It was ultimately by relying on the promise of God that they were able to be saved.

27:21-26 – "Take heart, for I have faith in God."

- God doesn't always save you from the storms in your life, but he always preserves you through them – for his glory and your good.
- Romans 5:1-5 – Character produces hope
- 2 Corinthians 4:5-11 – struck down but not destroyed
- Ravi Zacharias, "When God calls you to a noble task, he will break you in ways you never imagined to reshape you in the way He wants you to be."

### Experiencing God's faithfulness

- 2 Corinthians 1:1:23-28 – Paul's sufferings for Christ
- 1 Timothy 1:15-19